Weekend Weather

Today: 78° | 55° F
Mostly Sunny
Saturday: 79° | 58° F
Sunny
Sunday: 77° | 52° F
Sunny

Get Out; Enjoy the Sunshine!

Effective Communication

Weekend Event:
Color Cruise and Island Festival – Grand Ledge

Today, October 7 – Sunday, October 9
10am-5pm

Come out and enjoy the weekend weather with a covered wagon ride, a float down the Grand River, some music, and more!

IS Daily Events

PCI Work Group Charter
8:00 – 9:00
IS Conference Room 130

Skype Interview
9:00 – 10:30
IS Resource Room 131

Occupancy Management Work Group New Charter
11:00 – 12:00
IS Resource Room 131

PM Interviews
12:30 – 5:00
IS Conference Room 130

Featured October Food of the Month:
Swiss Chard

This tart vegetable comes from the beet family and has a stalk with leaves that can be served cooked or raw!
Visit http://www.health4u.msu.edu/services/rfh.html to learn more about this month’s “Recipe for Health” using this unique vegetable! Also, look at the featured foods and recipes of past months and try something new for dinner this weekend!

Weekly Sports

Men's Ice Hockey
Boston College
5:05 PM @ Grand Forks, N.D

Women's Golf
Tar Heel Invitational
All Day @ Chapel Hill, N.C.

Women’s Volleyball
Wisconsin
7:00 PM @ Home

Swimming & Diving
Green vs. White
5:00 PM @ Home

Cross Country
Michigan Intercollegiate Championships
4:00 PM @ Hillsdale, MI

National Frappe Day
Stop by your favorite coffee shop and pick up a frappe to start off your day!
Enjoy!