**Today’s Weather**

49° | 38° F
Few Showers

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**IS Daily Events**

Web Meeting MC/IS  
8:30 – 9:30  
IS Conference Room 130

Spartan Cash Website  
Drupal Training  
9:30 – 10:30  
IS Training Room 115

IS Team Leaders Meeting  
11:00 – 12:00  
IS Conference Room 130

Rock the Block RMS Training Session  
1:00 – 2:00  
IS Training Room 115

Participatory Management Engagement Project Meeting  
2:00 – 2:50  
IS Conference Room 130

BCD WebSmart Demo  
3:00 – 4:00  
IS Conference Room 130

Tech Skill Gap Workgroup  
3:00 – 4:30  
IS Conference Room 100B

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**Recipe for Health Cooking Series**

*Today, October 19*

12:10 – 12:50  
*Brody Demonstration Kitchen*

Head over to Brody Square for your lunch and watch as the chef presents how to make this month’s Recipe for Health using the vegetable Swiss Chard!

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**Spartan Fun Fact!**

From 1862-1885, under President Abbott, the total amount of money that a student had to pay for four years of education at MSU was $30!

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**Evaluate your Life Day!**

Today, take a moment to look at your life and ask yourself what you can do to make it better! Be honest! Then, take the steps to make changes for the best!

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**Olin Health Center Open House!**

*Today, October 19*

5:30pm-7:00pm  
Come out and meet the staff, get information about their services offered, and enjoy free cider and donuts!

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**Spartan Sports**

**Men’s Soccer**  
Bowling Green  
4:00 pm @ Home

**Women’s Volleyball**  
Michigan  
8:00 pm @ Home