MSUeap also includes up to 6 short term counseling sessions for those eligible? This includes individual counseling, couples counseling, or counseling involving some combination of family members. Click here for more information.

VPN Set-Up
10:00-12:00
IS Resource Room 131

Holds for Alerts Training
10:00-11:30
IS Training Room 115

Interview
2:00-3:00
IS Resource Room 131

Men’s Basketball vs. St. Cloud State
8:30 pm at The Breslin Center
Track the game here!

Spartan Football vs. Nebraska Cornhuskers
3:30 pm at Spartan Stadium
Watch it on ABC!

Ingredients:
- 2 Pounds Brussels Sprouts
- 1 tablespoon Olive oil
- 1-2 teaspoons kosher salt
- 1 teaspoon black pepper
- 3 tablespoons pure Michigan maple syrup
- 1 ½ tablespoons sambal oelek

Directions:
- Preheat oven to 400 degrees.
- Remove yellowed and wilted outer leaves and wash Brussels sprouts. Trim at the base and cut in half. Put sprouts on a sheet tray. Drizzle oil over the sprouts and season with salt and pepper. Mix gently until sprouts are evenly coated.
- Roast in preheated oven for 30-40 minutes or until nicely browned.
- Meanwhile, combine syrup and sambal oelek; set aside. When sprouts are roasted, remove from oven and place in mixing bowl with reserved mixture. Toss and serve right away.

Click here!

Try Sweet and Spicy Brussels Sprouts for lunch at The Gallery at Snyder/Phillips, Brody Square and Riverwalk Market at Owen on November 14.