DOSE PRINCIPLE OF THE WEEK:
Employee Assistance Program

MSUeap sessions can be used to improve one’s skill and functioning in a targeted work/life area. Coaching sessions may include areas such as enhancing productivity, exploring goodness of job fit, increasing motivation, increasing focus, reducing reactivity, and more.

Helping people move forward on a specific goal that they have identified is the focus of these coaching sessions. Could these sessions help you?

IS DAILY EVENTS

Spartan Spirit Shop
8:30-9:00 AM
IS Conference Room 130

IS Staff Meeting
9:00-10:00 AM
IS Training Room 115

REHS Web Application Meeting
10:30-11:30 AM
IS Conference Room 130

Meeting
12:30-4:00 PM
IS Training Room 115

Transaction Management Team Bi-Weekly Meeting
2:00-3:00 PM
IS Conference Room 130

It’s a spooktacular day to be an RHS IS Team Member!

Be sure to cast your vote for your favorite costume today! Pictures are hanging up in the hallway outside of the kitchen and voting is set up by the mailroom!

Watch the MSU Women’s Basketball Team take on Saginaw Valley tonight at 7:00 PM at the Breslin!

A reminder that this Saturday, November 3rd, as the Spartans take on the Nebraska Cornhuskers MSU participates in The Game Day Challenge! The Game Day Challenge is a friendly competition for colleges and universities to promote waste reduction at their football games. Do your part, recycle!