Today’s Weather
46° / 39°
Mostly Cloudy

Tournament Trivia!
The MSU men’s basketball streak of 17 straight NCAA Tournament appearances is the longest current streak among Big Ten Schools and the third longest in the nation!

Be Healthy!
March is National Nutrition Month!

- Snack on items like apples, bananas, granola bars, or popped corn!
- Eating in a dining hall? Build your meals for the day and see the nutritional information here!
- Track how much water you drink per day and set a goal!

Tuesday, March 18, 2014

IS Leadership Meeting
8:15 am - 9:15 am
Creative Services Conference Room
Reserved
8:30 am - 9:30 am
IS Conference Room 130

Software Management
10:00 am - 11:00 am
IS Conference Room 130

Chair Massages
11:30 am - 1:30 pm
IS Conference Room 130

Chair Massages
11:30 am - 1:30 pm
IS Resource Room 131

Blackboard Discussion
2:00 pm - 3:00 pm
IS Resource Room 131

Student Interview
3:00 pm - 4:00 pm
IS Resource Room 131

RHS Student Employment
3:30 pm - 4:30 pm
Creative Services Conference Room

Tech Support Meeting
3:30 pm - 4:30 pm
IS Conference Room 130

Effective Communication
Effective communication begins with listening! Focus fully on who is speaking and do your best to fully understand and connect. Don’t interrupt! Creating an environment where others feel safe to express their opinions is a very important part of communication.

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