Today’s Weather
27°/19°
Sunny

Weekly DOSE Topic: STAFF DEVELOPMENT

"Training is everything. The peach was once a bitter almond; cauliflower is nothing but cabbage with a college education."
- Mark Twain

5 Predictions for the Web That Proved False

1. “Spam will be gone within 2 years” — Bill Gates, 2004
2. “Websites will never replace newspapers.” — Newsweek, 1995
3. “The Internet...will explode?” — Robert Metcalfe, 1995 (too many users will cause overload)
5. “No one will buy anything over the Web.” — Newsweek, 1995

Think Spring with Sparty’s!

Although it may not look like Spring outside, Sparty’s is now offering Caramel Mocha Frappes and orange Creamsicle Shakes!

Sammy K. Obeid

Obeid has performed on Conan and America’s Got Talent as well as performing 1,001 consecutive days of comedy! Come see him live, tomorrow night from 9-11pm at the International Center, with opener Chris Ryan who was voted audience favorite at last Spartan Standing.

Rest Up!

In a recent article, sleep expert Michael Breus says, "sleep deprivation is the single most dangerous aspect of any sleep disorder, because you have no idea that you are compromised cognitively, physically and emotionally." It affects reaction time, cognition and emotions. Poor diets and stress can influence sleep deprivation. Make sure to rest up these days and keep stress levels low to live an all-around better life!

Thursday, March 13th, 2014

Symphony Signs
8:00am – 11:00am
CS Conference Room

Win 7 Image Review
8:15am – 8:45am
IS Conference Room 130

POSReady Update to NCR
9:30am – 10:00am
IS Resource Room 131

Blackboard Vending
10:00am – 11:00am
IS Resource Room 131

Digital Signs Meeting
1:15pm – 1:55pm
IS Resource Room 131

On-going Current Projects
2:00pm – 4:00pm
IS Resource Room 131

Weekly IS PMO Meeting
2:00pm – 3:00pm
IS Conference Room 130