DOSE Principle of the Week:
Effective Communication
An important aspect of communicating effectively is listening actively!

What are some ways that you can improve your listening skills?
How will this help your team?

Green Tip!
Remember to turn off computers, monitors, fax machines, copiers, lights, and other energy consuming equipment when your leave for the day! This helps conserve energy!

Award-Winning Salsa!
Congrats to the Eat at State team from The Gallery for winning 2nd place in the Best Salsa Contest at the BWL Chili Cook-Off, which happened this past weekend! Their salsa was called “Juju Fruit Salsa with Plantain Doubloons!” Yum!

Today at the Eat at State
ON-THE-GO Food Truck...
Try their Thursday special: Asian noodle salad with peanuts, cabbage, cilantro, baby corn, flank steak and shrimp, tossed in a sesame vinaigrette and topped with crispy wontons! They will be at the rock by the MSU Auditorium from 11 AM – 2PM!

"The art of communication is the language of leadership."
James Humes

Kudos from the Better Box:
“Whoever makes the coffee in the morning...THANKS! You’re my hero and you make the morning livable!”

-Jason”
Thanks, Olga for making the coffee first thing in the morning so that everyone can enjoy a fresh, hot cup when they get here!

Today’s Weather:
72° / 53°
Cloudy

IS Daily Events:
Customer Service Task Force
11:00 AM – 12:00 PM
IS Resource Room 131

Emmons POE Meeting
11:00 AM – 12:00 PM
IS Conference Room 130

Fruit and Veggie Month: Tip of the Day!
Trying to get your kids to eat their veggies? Well, they will be more likely to consume them if they help shop for them! Make a family trip to the MSU Student Organic Farm Stand today between 11 AM and 5:30 PM at the tent on Farm Lane in front of the Auditorium. Pick up some fresh produce and make a meal together with the ingredients you picked! Look for different colors and shapes! Try putting together a tasty stir fry or make some veggie soup! Have fun!