Spartan Sports

It’s a big week for MSU Basketball! Tonight, the MSU Men’s Basketball Team takes on the Indiana Hoosiers at 7:00 p.m. here, in East Lansing. The game will be broadcast live on ESPN.

Go Green!

MSU Health4U

Enjoy a free 10 minute stress relieving chair massage on your lunch break. Appointments can be scheduled between 11:30am and 1:30pm at Baker Hall by E-mailing health4u@msu.edu.

Weekly Lineup Topic:

Quality Throughout

Feeding Great Minds

Residential and Hospitality Services offers learning sessions while you enjoy your lunch. Team members will discuss professional development topics, each hosted by a guest speaker. Today’s lunch begins at 12:00 pm in the HR Training Room in W9 Holmes Hall. To sign up, visit www.msu.claritynet.com.

Looking to try something new for lunch?

Stop by the Union Deli and get the Deli Pair for only $5.99. You can choose any two, including half a sandwich, half a salad, or a cup of soup. Check out the menu to see your list of options.

Smart Socks!

A MSU assistant professor of mechanical engineering is using a National Science Foundation grant to develop biosensors that could warn of impending sickness.

For more tips visit recycle.msu.edu

Recyclemania is right around the corner, here are some tips to help you get started early:

- Remember all types of plastic #1-7 (except Styrofoam) are acceptable.
- Plastic containers that once had food waste must be rinsed clean before recycling (if it cannot be rinsed, it cannot be recycled)

For more tips visit recycle.msu.edu

- See more here -