WEEKLY LINEUP TOPIC

Our Values: Bolder By Design
Advancing Our Culture of High Performance

It’s time to ask yourself what makes a champion?

Here is a hint: it takes a lot more than just talent.

Read how Olympian athletes turn into champions through their development process here!

HOW MUCH DO YOU REALLY RECYCLE?

You may fill up your blue recycling bin every week and put it on the curbside, but are you really recycling all of the materials you possibly can? Check out Ann Nichol’s story, and how the MSU Recycling Center has changed the way she keeps her community especially green! It may inspire you to change your recycling ways!

RECIPE FOR HEALTH

Sunchokes, or Jerusalem artichokes, are the featured ingredient in this month’s recipe for health. Sunchokes have health benefits for the digestive tract and are a great source of potassium! The Gallery at Snyder/Phillips, Riverwalk Market at Owen Hall and Brody Square will be featuring twice cooked sunchokes today for lunch!

TODAY'S WEATHER

Mixed clouds and sun with scattered (but severe!) thunderstorms

IS CALENDAR OF DAILY EVENTS

Mercury, Cognos, Occupancy & RMS
8am – 9:30am
IS CS Conference Room

PeopleAdmin Tester Training
8am – 12pm
IS Training Room 115

X-Analysis Training
8am – 5pm
IS Resource Room 131

Kaspersky Training
9:30am – 11am
IS Conference Room 100C

IS PMO Meeting
2pm – 3:30pm
IS Conference Room 130

IS PMO: Monthly Vetting
3:30pm – 4pm
IS Conference Room 130

Kaseya Setup
3pm – 5pm
IS Training Room 115

Security Review
3:30pm – 4pm
IS Conference Room 100C

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